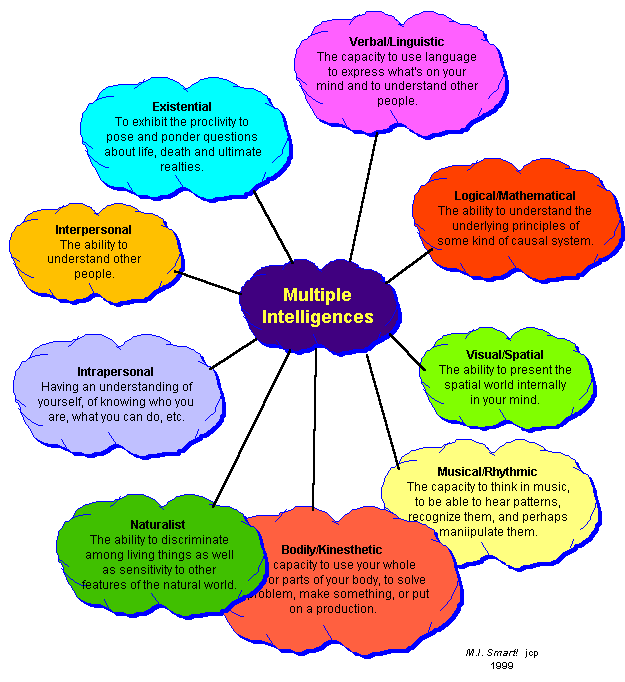
# **What are My Abilities?**

## There are more ways of being smart than just “school smart.” Many people accept the theory of **multiple intelligences,** Most of us are dominant in three of four areas

## You can be smart in more than one way; refer to the graphic below

# What’s your MI?

## Complete the activity on pages 42 – 43, using BLM 17 following three pages.



NAME: DATE:

What’s your MI?, p.42 BLM 17

1. On a scale of **1** *(not at all like me)* to **5** *(definitely me)*, my rating for the following intelligences is:

MI QUIZ PERSONAL RATING

Verbal / linguistic

1. I like puns and other wordplay.

2. I enjoy doing crossword puzzles and playing games like Scrabble™.

3. I remember things exactly as they are said to me.

4. I like to take part in debates or discussions.

5. I prefer long and short written answers over multiple-choice responses.

6. I enjoy keeping a journal and/or writing stories and articles.

7. I like to read.

TOTAL FOR VERBAL / LINGUISTIC INTELLIGENCE

Logical / mathematical

1. I work best at an organized work area.

2. I enjoy math and/or science.

3. I keep a “things to do” list.

4. I enjoy brainteasers and games such as Jeopardy™ and Clue™.

5. I like to ask “why” questions about issues and concerns.

6. I quickly grasp cause-and-effect relationships.

7. I am good at estimations.

TOTAL FOR LOGICAL / MATHEMATICAL INTELLIGENCE

Visual / spatial

1. I understand what colours work well together.

2. I enjoy solving jigsaws, mazes and/or other visual puzzles.

3. I read charts and maps easily.

4. I have a good sense of direction.

5. I like to watch movies.

6. I have very vivid dreams.

7. I can anticipate the moves in a game plan (“hockey sense,” “chess sense”).

TOTAL FOR VISUAL / SPATIAL INTELLIGENCE

*The Multiple Intelligence Chart and Quiz have been reproduced from Canada Prospects 1999-2000. Canada Prospects is published by Canada Career*

*Consortium.*

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What’s your MI?, p.42 (continued) BLM 17

MI QUIZ PERSONAL RATING

Interpersonal

1. I interact well with people.

2. I enjoy team sports rather than individual sports.

3. Being around people energizes me.

4. I like group activities better than ones I do alone.

5. I enjoy learning about different cultures.

6. I usually talk over my personal problems with a friend.

7. I enjoy sharing my ideas and feelings with others.

TOTAL FOR INTERPERSONAL INTELLIGENCE

Intrapersonal

1. I am a private person, and I like my private inner world.

2. I have a few close friends.

3. I have strong opinions about controversial issues.

4. I work best when the activity is self-paced.

5. I am not easily influenced by others.

6. I understand my feelings, and know how I will react to situations.

7. I understand that I am responsible for my own behaviour.

TOTAL FOR INTRAPERSONAL INTELLIGENCE

Bodily / kinesthetic

1. I like to move, tap or fidget when sitting.

2. I participate in extreme sports (sea kayaking, snowboarding, mountain biking).

3. I tend to touch objects to examine their textures.

4. I am well coordinated.

5. I like working with my hands.

6. I prefer being physically involved to sitting and watching.

7. I understand better by doing (touching, moving and interacting).

TOTAL FOR BODILY / KINESTHETIC INTELLIGENCE

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What’s your MI?, p.42 (continued) BLM 17

MIUIZ PERSONAL RATING

Musical / rhythmic

1. I play music in my head.

2. I make up rhymes to remember things.

3. It is easy for me to follow the beat of music.

4. I like setting songs and poems to music.

5. I keep time when music is playing.

6. I can hear an off-key note.

7. I feel proud of my musical accomplishments.

TOTAL FOR MUSCIAL / RYTHMIC INTELLIGENCE

Naturalist

1. I have a collection (e.g., shells, mugs, rocks, hockey cards).

2. I notice similarities and differences in trees, flowers and other things in nature.

3. I am actively involved in protecting the environment.

4. I enjoy digging for artifacts and finding unusual items.

5. I like planting and caring for a garden.

6. I enjoy fishing and tracking.

7. I learn best when I can go on field trips—outdoors, or to museums.

TOTAL FOR NATURALIST INTELLIGENCE

2. My top four intelligences are:

1.

2.

3.

4.